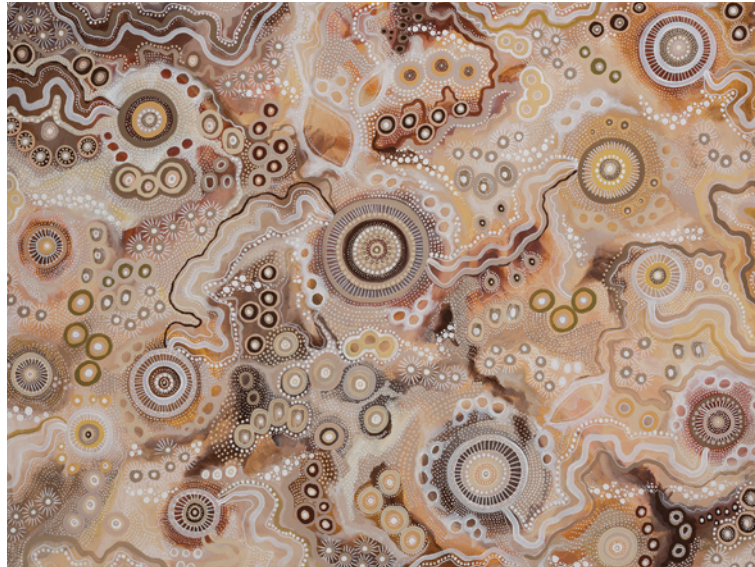




ARTIST
HOLLY SANDERS

TITLE
HEALING LAND

REGION
BUNDJALUNG



Holly Sanders is a proud Bundjalung woman from the North Coast of NSW, Australia. She currently lives and works as a teacher and artist on Yuin and Dharawal Countries. Through her art she aims to share her stories, culture and Country in a contemporary way.

Painting and maintaining cultural traditions is important for her identity, wellbeing and expresses the way she understands and respects her culture, ancestors and Country. She always looks to Country- the land, sky and the waters- and uses these images, stories and memories to paint. The patterns of Country at different times of the day and year influence heavily in her art.

Holly honors the continuing connection Bundjalung, Yuin and Dharawal people have to the land and acknowledges the stories, traditions and living cultures of all Aboriginal and Torres Strait Islander people as the oldest and longest continuing culture on the planet.

This work represents bush medicine healing. First Nations people have been sustaining the land and its people for thousands of years. Traditional bush medicine and healing is a way of life and is still used and practiced by First Nations people today. Healing on Country and remedies from ancient stories have been handed down through the generations for more than 50,000 years. These traditional forms of healing include the use of traditional healers, healing songs, healing smoking ceremonies and bush medicines. The land holds healing and we come from the land.