

ARTIST
HOLLY SANDERS

TITLE
SEED PODS AND WILDFLOWERS

REGION
BUNDJALUNG



Holly Sanders is a proud Bundjalung woman from the North Coast of NSW, Australia. She currently lives and works as a teacher and artist on Yuin and Dharawal Countries. Through her art she aims to share her stories, culture and Country in a contemporary way.

Painting and maintaining cultural traditions is important for her identity, wellbeing and expresses the way she understands and respects her culture, ancestors and Country. She always looks to Country- the land, sky and the waters- and uses these images, stories and memories to paint. The patterns of Country at different times of the day and year influence heavily in her art.

Holly honors the continuing connection Bundjalung, Yuin and Dharawal people have to the land and acknowledges the stories, traditions and living cultures of all Aboriginal and Torres Strait Islander people as the oldest and longest continuing culture on the planet.

This piece represents the collection of wildflowers and bush seeds on Jagun- Country. Aboriginal people were the world's first bread makers and bakers. It involved collecting seasonal seeds, grain, legumes, roots or nuts, grinding these into a flour and then adding water to form a dough. Bread making was a labour intensive task and was usually a woman's job, generally carried out by several women at once. Millstones for grinding seeds into flour have been discovered which date to be over 36 000 years old, which is well ahead of other civilisations, such as the Egyptians, that started baking early on.